

BESEEN

dance mentorship

*Are you ready to dive deep
and take your dancing
to the next level?*

*Step into our personalized mentorship
program where you'll receive
focused, one-on-one
attention tailored
just for you.*



BESEEN is a virtual dance mentorship program connecting you to the dance currents, no matter where you live. Each mentee meets with Catie weekly, forging an artistic bond with one-on-one sessions, small group gatherings, and collective classes every month - providing a way into the individual attention you may be craving in your dance education. This program is designed for the **creative, driven and advanced** dancer age 15-23, who is ready to take the next step in their growth and artistic journey.



Our approach is rooted in the belief that art is not a one-size-fits-all endeavor. We understand that every artist's journey is distinct, and tailor our sessions to meet you where you are - guiding you gently, yet effectively towards your goals. BESEEN is a space where your dancing can evolve through mindful, individualized attention:

- **Personalized one-on-one attention:** Tailored mentorship sessions focused on your individual dance goals.
- **Flexible curriculum:** Choose three focuses to concentrate on each semester, from improvisation to technique, choreography, dynamics and more.
- **Industry connections:** Engage with guest teachers and dance professionals for insights and networking opportunities.
- **Collaborative Google Doc tracking:** Monitor your progress and creative assignments through a shared platform, ensuring a place to track your progress and breakthroughs!

This is an opportunity to join a **very select group** of passionate dancers, each receiving one-on-one sessions. Investing in this supplemental component of your dance education allows new worlds to open, new connections to form and a new creative identity to emerge. This will act as an addition to the training you're receiving at your school or studio and shouldn't interfere, just add to it.

Questions? Set up a FREE 20 minute call to learn more [here!](#)



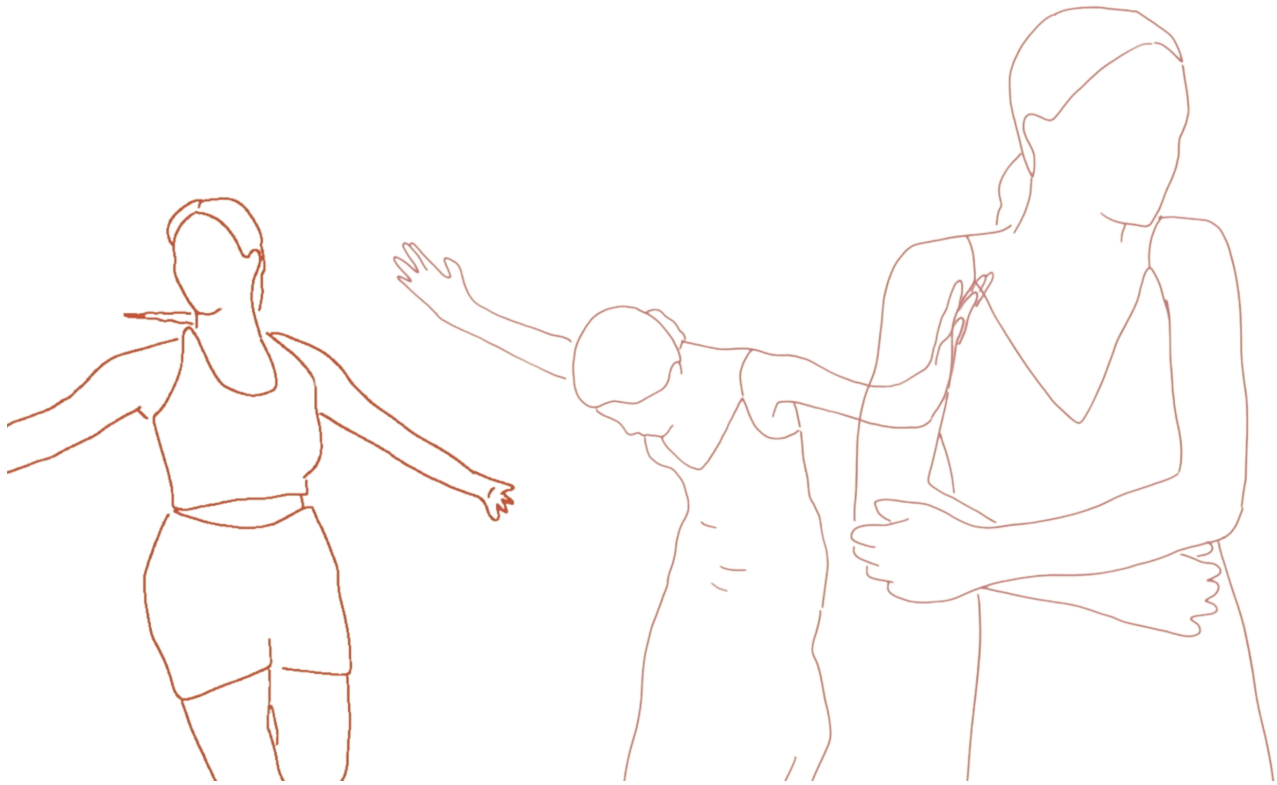
At BESEEN, your strengths are highlighted and your challenges are met with compassion and guidance. Our intimate setting ensures that you receive the attention and feedback you need to excel and grow, both as a dancer and as an individual. **Your individuality is not only acknowledged but celebrated!**

Catie will work closely with you, customizing her approach to match your specific needs and aspirations. Our sessions together may include improvisational scores, learning choreography and diving deep into details, creating your own choreography, writing, chatting through where you're at and where you're looking to go. **Whether you're refining your technique, exploring new movement, or finding your own voice in the dance world, this program ensures that every session is a step towards excellence and artistry.**

With opportunities to connect with industry professionals and new peers from across the US, your network is sure to expand. We love to bring in guest teachers for workshops and set up interviews with professionals you look up to. We track your progress with collaborative Google Doc, where we share journal entries and creative assignments that are often assigned at the end of your sessions.

Here, the focus is on you—your pace, your progress, and your passion. With a very limited amount of spots available, this is an intimate setting where bonds are formed, creativity flourishes, and personal breakthroughs happen. Take this leap towards realizing your full potential and join a supportive community of peers and experts, where guidance meets collaborative learning, empowering you to chase your dreams!

APPLY NOW!



THE DETAILS:

Example of a monthly schedule:

- Week 1: One-on-One with Catie
- Week 2: BESEEN Collective Session
- Week 3: One-on-One with Catie
- Week 4: BESEEN Collective Session

Spring Semester: *February 1 - May 31, 2025*

Spring Break: *April 11 - 18 (3 sessions in April)*

Commitment required for Spring Semester

Focuses may include dynamics, texture, quality, choreography, composition, performance, technique, improvisation, solo choreography, guidance through the college audition process (if you'd like a new college audition solo, this will be an additional charge)

Enrollment Rates:

Spring Semester: \$1600

Monthly Payments: \$400 February - May

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APPLY NOW!

If you have financial constraints, but feel you are a good fit for the program, please email me at catieleasca@gmail.com

If you are not in the stated age range, but feel you are a good fit for the program, please email me at catieleasca@gmail.com

*all information subject to change

Meet Your Mentor:



Catie Leasca is a professional dancer, choreographer and teacher based in New York City. Originally from Massachusetts, she has traveled and danced abroad in Israel, Germany, Belgium and France. Catie has been selected for choreographic residencies at Gibney Dance (NYC), Brooklyn Arts Exchange (NYC), New Dance Alliance (NYC), Chez Bushwick/UArts (NYC), Bearnstow (ME) and createART + Dance in Bushwick (NYC). She has taught at Princeton University, The University of the Arts, Gibney Dance, Mark Morris Dance Center, MG+Artist Workshops, FAILSPACE, Dance Academy of North Jersey, Stray

Dance Company, MOSSA Dance Academy, Z Artists Group and more. Her choreography on film has been showcased through ScreenDance Miami and Philadelphia Screendance Festival. She has been a professional dancer on residencies at The Yard (Martha's Vineyard), MANCC (FL), LMCC (NYC + Governor's Island), NYU Center for Arts, City Center (NY). Her work has been showcased at STUDIO4, Movement Research at Judson Church, Dixon Place, Center for Performance Research, Brooklyn Bridge Park, Salt Dance Fest, The Craft and Triskelion Arts. Catie was awarded the 2020 Masterworks Foundation Choreographic Award. She has performed at The Joyce Theater, Suzanne Dellal in Tel Aviv, The Montalban in Los Angeles, and theaters and galleries across the US and Europe. She has danced professionally for Netta Yerushalmy, Helen Simoneau Danse, She Me Zoo, Jessie Young, and is a founding member of MG+Artists. Her writing has been featured in DanceGeist Magazine and she has been quoted in Dance Magazine. She graduated, with honors, with her B.F.A. in Dance from the University of the Arts.

Upon graduation, she was awarded the Dean's Award for Excellence and the "Sustainability" award. Catie is currently on faculty at Peridance Center, the Joffrey Ballet School and Sarah Lawrence College.

Past BESEEN teachers and interviews include: Keerati Jinkunwiphat (Dance Magazine Cover Model, AIM, New York City Ballet Choreographer), Jamal Abrams (Sleep No More, Dance Place DC), Jenn Lacy (Olivia Rodrigo, VMAs), Al Blackstone (Emmy nominated choreographer, So You Think You Can Dance), Haley Sung (Gallim Dance, Sleep No More), Gary Raegan (Gallim Dance, Ate9, Tel Aviv), Yolette Yellowduke (MFA from The Place in London), and many more!

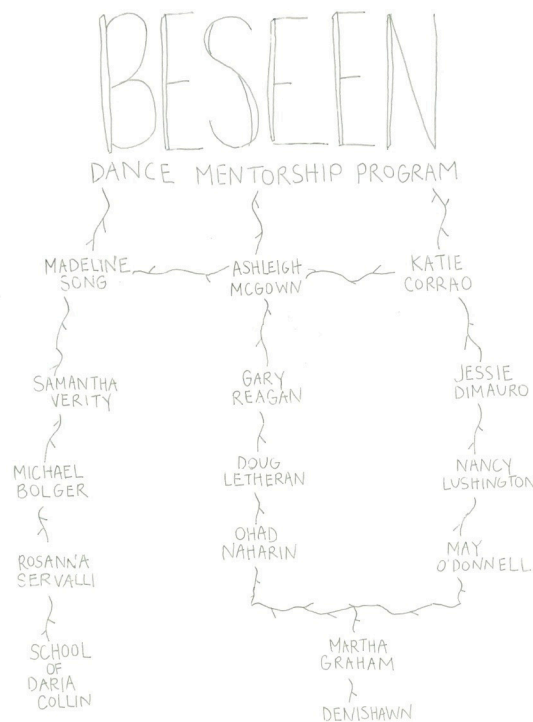
TESTIMONIALS

from BESEEN alumni

"This program has been extremely beneficial for me in every way possible. Going into it, I was looking to just expand my artistry. Not only did I accomplish that, but I also gained a tremendous amount of knowledge that I can apply to my training moving forward. I am a freshman dance major at Montclair State, so it was also so helpful to have someone with experience help guide me through this transitional period in my life and offer continuous advice. I'm so lucky to have been a part of something so magical!"

“My time in BESEEN has given me the space to figure out who I am as an artist and which direction I'd like to follow in my career. Catie has been an incredible mentor and helped me get through the college auditions process among so many other things. I'm so grateful for my experience in this program and for the confidence I have gained.”

“Coming into this helped ease me into thinking creatively and moving in a way that feels good and pushes the boundaries I used to hold myself in.. “



“BESEEN has provided me a safe space to explore my artistry, individuality, and voice in a way that is different from my college dance program. I'm so grateful for Catie's guidance and for growing as an artist and human!”

“The best part of this journey is how much more confident I have become in my dancing and creative decisions”

“I feel less scared or intimidated by movement that is outside the 'norm', as I have experienced it through my training. I feel that I have progressed in my understanding of how to connect with my own body and look internally to find motivation for movement, especially when it is not preconceived movement. I want to keep going by pushing myself

even further from my comfort zone so I can bridge performances with actual human connection that creates bonds.”

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